

Zaino Martial Arts

Sandan Rank Requirements

3rd Degree Black Belt – Sandan Official Teaching Rank

1. Must know all previous techniques to be able to teach them to lower ranks.
2. Must know all Forms and how to teach them correctly.
3. Must have an understanding of weaponry and how to teach.
4. Must know terminology as well as possible.
5. Must train diligently at least two times a week and continue to research and expand your knowledge.
6. Must write a 3,000 - word essay on the history of Karate.
7. Rules:
 - A. Have loyalty to the system.
 - B. Teach the system. Do not water it down. Keep your Standards high and expand your horizons.
 - C. Give back and support the DoJo. It supported you.
 - D. Compete with the DoJo colors.
 - E. Don't live in the past. Always upgrade your training and stay with the times.
 - F. Work on becoming a Master.
 - G. Don't use your Martial Arts in a negative way.
 - H. Always keep the student / teacher relationship. Don't take advantage of your students.
 - I. Always be a professional.
 - J. Have respect for the chain of command.
 - K. Be a part of the DoJo Team. Help students compete and continue to compete yourself.
 - L. Must not ever teach for purely monetary reasons. Teach values as well as fighting abilities.



Remember: This rank is like receiving a college degree, so take pride in it. Our system is not like others that give rank away. Even if we go down separate paths, you will always be in my heart and a proud part of my life.

Note: Additional Black Belt Rank (4th and 5th degree) will require you to do certain tasks and performances asked of you by Grand Master Zaino.

