Zaino Martial Arts
Shodan Rank Requirements

1st Degree Black Belt – Shodan

1. Forms: Kata
   A. Superenpei
   B. Will be asked to perform various traditional and open advanced forms.

2. Weapon: Perform one advanced weapon form with weapon of choice

Note: Will be asked to perform techniques from pervious tests:
Stances, Strikes, Blocks, Punches, Kicks, Falls, Rolls, Takedowns, and Sweeps.

Note: Students who took there original Black Belt test as a minor will be ask to perform all testing requirements on the Black Belt test as an adult.